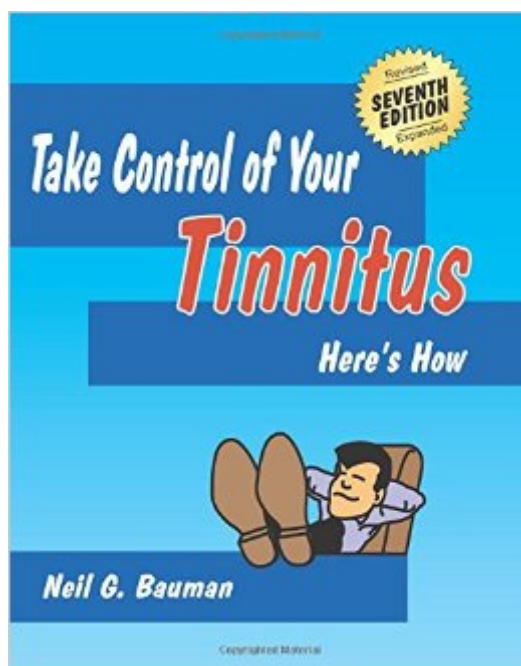


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# Take Control Of Your Tinnitus: Here's How



## Synopsis

If your ears ring, buzz, chirp, hiss, click or roar, you know just how annoying tinnitus can be. The good news is that you do not have to put up with this racket for the rest of your life. You can take control of your tinnitus. Recent studies show that a lot of what we thought we knew about tinnitus is not true at all. Exciting new research reveals a number of things that you can do to eliminate or greatly reduce the severity of your tinnitus so that it no longer bothers you. This totally-revised, up-to-date and expanded 7th edition contains the very latest in tinnitus research and treatment. In this book you will learn what tinnitus is, what causes tinnitus and things you can do to take control of your tinnitus.

## Book Information

Paperback: 356 pages

Publisher: Integrity First Publications; 7 edition (March 26, 2016)

Language: English

ISBN-10: 1935939211

ISBN-13: 978-1935939214

Product Dimensions: 8.2 x 0.8 x 10.5 inches

Shipping Weight: 2.1 pounds (View shipping rates and policies)

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Best Sellers Rank: #1,145,229 in Books (See Top 100 in Books) #128 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Hearing Problems

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